

Year 9 Activities Week

*The King's
(The Cathedral)
School*



**PGL Boreatton Park
Shropshire**

15 - 19 July 2019



Activities Week takes place during the week commencing Monday 15 July 2019. Year 9 students are offered various activities during a residential week, which provide opportunities that meet most of the requirements of the Outdoor and Adventurous Activities element of their Physical Education.

Students will be meeting challenges in unfamiliar, interesting and exciting situations, which will test their endurance and determination and also their ability to work effectively as part of a team. They will develop skills of leadership, independent thinking and problem-solving.

This week can be paid for either in advance in one payment or in instalments to suit you.

If you would like to discuss any aspect of Activities Week, you can contact:

Mrs Mouzoures: mouzoures.c@kings.peterborough.sch.uk or
Mrs Pasqualino: pasqualino.j@kings.peterborough.sch.uk,
or telephone either of us at the School on 01733 751541.

We feel sure that your child will have a most enjoyable, challenging and active week.

Mrs C Mouzoures
Activities Week Co-ordinator



Year 9 will spend 4 nights at Boreatton Park in Shropshire.

Boreatton Park is set in 240 acres. The centre is run by specialist staff who will run a programme of outdoor and adventurous activities. Our own staff will be present throughout.

Accommodation - will be in rigid frame tents which stand on hard, 'all weather' bases: each tent has frame beds each with a protected mattress. All the tents are grouped together in their own area of the site which has its own showers and separate boys/girls toilet blocks.

Catering - All meals and activities are included. There is a large well equipped dining room catering for all dietary requirements (halal, gluten free, vegan, vegetarian, etc.). Students will be able to have cooked/cereal breakfast, salad/baguette/fruit lunch and choice of evening hot meal.

Activities - students are in groups of 12 each with their own instructor and school member of staff. There are 4 activities each day two in the morning and two in the afternoon lasting around 1½ hours. There will be some water based activities which will require extra clothes (there are drying facilities provided).

No mobile phones please (the overwhelmingly positive feedback from staff and students in previous years underpins this policy).

Programme for the Week

Departure Time on Monday 15 July

- 08:30 Arrive at School and check in in the Hall
- 09:00 Coach Departs King's School
- 12:00 ETA Boreatton Park (Pack lunch required)

Departure Time on Friday 19 July

- 13:30 Depart Boreatton Park
- 16:30 ETA King's (dependent on traffic)

Daily Programme:

- 07:30 –08:30 Breakfast
- 08:50 - 12.10 2 x activity sessions
- 12:10 - 14:00 Lunch
- 14:10 - 17:20 2 x activity sessions
- 17:30 - 19:30 Evening meal
- 19:30 - 21:00 Evening activity
- 21.30 - 22:00 Bed
- 22:30 Lights out and quiet

There is a wide range of activities for us to participate in at Boreatton Park and these will be confirmed nearer the time. An example of these activities can be found at: <http://www.pgl.co.uk/en-gb/adventure-holidays/centres/boreatton-park>

KIT LIST

- T-shirts (*including long sleeve t-shirts which are required for some activities*)
- Fleece/Jumpers
- Lightweight waterproof jacket
- Trousers/leggings/trackies/shorts (*NO Jeans!!*)
- Footwear: Trainers (*min 2 pairs, including an old pair for getting wet*)
- Socks and underwear
- Sleeping bag, pillow
- Pyjamas
- Trainers (*they may get wet/muddy so bring an old pair and a carrier bag*)
- Towel, swimming costume
- Toiletries: soap, flannel, toothbrush, toothpaste
- Plastic drink container/water bottle
- Hat
- High Factor Sun Cream (*Water Resistant*)
- Tissues
- Baby wipes (*great for a quick freshen up*)
- Small rucksack/day bag
- Medication (*clearly labelled*)
- Torch and batteries - a must! (*a torch will be required one evening*)
- £10-15 to purchase small items from service stations and/or gifts from shop on site.

PLEASE DO NOT BRING:

- ✘ Electrical Devices
- ✘ Jewellery/Valuable
- ✘ Computer Games/Consoles
- ✘ Aerosols



NO MOBILE PHONES

Don't forget a packed lunch for the journey!

COST

The cost for Year 9 Activities Week 2019 is £340. This includes **all** the activities, accommodation, food, transport and tuition.

PAYMENT SCHEDULE AND METHODS OF PAYMENT

Payments can be made by the following methods:

Online payment: at the website: www.scopay.com/kingspeterborough

Cheques: payable to 'The King's (The Cathedral) School'

Cash: to the Finance Office

Total cost of trip	Deposit (non refundable)	2nd Payment	3rd Payment	4th Payment	Final Payment
Due	Fri 11 Jan 2018	Mon 28 Jan 2019	Mon 25 Feb 2019	Mon 25 Mar 2019	Mon 29 Apr 2019
£340	£50	£70	£75	£75	£70

MEDICAL FORM

It is essential that all Medical Forms are returned to Mrs Pasqualino in the Quad Office no later than **Monday 28 January 2019**. Please do not hesitate to contact Mrs Pasqualino at any time leading up to Activities Week to amend and update the submitted Medical Form.

CONSENT FORM

If not paying on-line the Consent Form should be returned **to the Finance Office with the deposit by Friday 11 January 2019**.



The King's (The Cathedral) School
Peterborough

CONSENT FORM

(Please detach and return to Finance Office by Friday 11th January 2019)

I give my consent for (enter student's name and form) _____ to attend

Year 9 Activities' Week Residential to Boreatton Park **From Monday 15th July to Friday 19th July 2019**

I understand that the Governing Body has insurance cover for their legal liabilities including Travel Insurance for travel undertaken as part of this visit, and that the details are available for inspection upon request.

I will inform the Visit Organiser of any illness or disability which does, or may, require special attention, consideration or treatment.

Choristers must consult the Cathedral Choirmaster before submitting this Consent Form and payment.

Payment

I enclose a deposit of **£50** by CASH/CHEQUE payable to The King's School (delete as appropriate)

I have already paid online via www.scopay.com on this date: _____

Printed name _____

Relationship to student _____

Signature _____

Date _____



www.kings.peterborough.sch.uk



CONTACTS

Residential and Trip Organiser: Mrs Pasqualino
pasqualino.j@kings.peterborough.sch.uk

Activities Week Co-ordinator: Mrs Mouzoures
mouzoures.c@kings.peterborough.sch.uk

Finance:
finance@kings.peterborough.sch.uk

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