

FEATURED AUTHOR

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NICOLA
MORGAN

DISCOVER THE WORLD OF
NICOLA MORGAN

BOOK REVIEWS

AWARD-WINNER



FEATURING

Nicola Morgan

Born in a boys' school; taught (often by my parents) in boys' schools till I was nearly 12. Then to a girls' school, where I was two years younger than my peers, who were not interested in my tree-climbing and weapon-making excellence. Survived. Went to Cambridge University; studied Classics with Philosophy. Spent a year as a cook before becoming an English teacher. Did Diploma in Specific Learning Difficulties; became hooked on brains. Really wanted to be a novelist; failed for 21 years; succeeded eventually; had exciting career writing teenage novels, winning and shortlisted for many awards. In 2005, *Blame My Brain* published; changed my life. Since then, have focused on teenagers, learning brains, stressed brains, reading brains and online brains. Any brains will do!

"I've written over 100 books and won many awards, most recently the School Library Association's Outstanding Contribution to Information Books."

CONTACT US

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Content from
www.nicolamorgan.com
and
learnenglishteens.britishcouncil.org

AN INTERVIEW WITH NICOLA MORGAN

BY BETHANY MORGAN

1. When did you know that you wanted to be a writer?

I just always wrote, without thinking about wanting to "be" a writer, until I was 20 and then I decided I wanted to be a novelist. 21 years later, I succeeded!

2. What is your favourite type of book to write and why?

Non-fiction is easier than fiction. So for that reason I prefer writing non-fiction. But fiction is more satisfying than non-fiction. So for that reason I prefer writing fiction!

3. Where do you do most of your writing?

In my lovely garden office! It has a big glass wall and all I can see are trees and plants and flowers. And squirrels and birds.

4. How do you think of new stories?

I get away from my computer. I never think of a new idea when I'm at my desk. Ideas come all the time when I'm just pottering about the house or out walking or talking to other people. But most ideas never end up being used. I had three today!



Read the full interview on [Learn English Teens](#)

NICOLA MORGAN

The Teenage Guide to

STRESS

INCLUDES

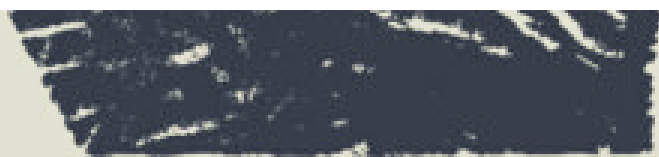
exams • relationships • social media & cyber-bullying
depression • eating disorders • drugs & alcohol



THE TEENAGE GUIDE TO STRESS

The teenage years can be really stressful, for parents and teenagers, and sometimes full of dark fears. The Teenage Guide to Stress puts everything into perspective and shows young people that they are not alone and that there is help, whether their worries are small or big. Stress can affect us at any time of life and TTGS teaches the skills to thrive through stress.

It contains a simple yet important message to all young people: You are not alone and there are simple ways you can manage your stress.



-THE TEENAGE GUIDE TO LIFE ONLINE -

The Teenage Guide to Life Online takes a balanced, clear and super-informed look at what happens to us all – young and old – when we spend time on the internet or screens. In this book, I explore the pros and cons of life in the Digital Age, from the information explosion to the growth of social media. Using best evidence and strong understanding of psychology, I investigate hot topics like fake news and online privacy, multi-tasking and distraction, addiction and over-use, and draw on fascinating, cutting-edge research into how the internet and screen-use affect our ability to concentrate, our mood and sleep patterns.

**" I WANT TO SHOW YOUNG PEOPLE
AND THEIR PARENTS THAT
ADOLESCENCE CAN BE EXCITING,
HEARTENING, POSITIVE.."**

- BE RESILIENT-

Empowering and practical, BE RESILIENT outlines five clear steps which will build a strong mind to carry you through tough times and let you enjoy the best things life hands you. How to grasp your future, grow your courage and skills and how to bounce back, stronger, fitter, happier, better.

All available in your Library Resource Centre

