

Useful Mental Health Websites



<http://www.healthtalk.org/home>



<http://ourhealthyminds.com/family-handbook/understanding-mental-illness/index.html>



<https://www.mentalhelp.net/articles>



<http://www.cwmt.org.uk/>



<http://mhfaengland.org/who-we-are/>



<http://www.selfinjury-support.org.uk/>



<http://www.get.gg/emergency.htm>



<http://www.mind.org.uk/>