



# **Free Counselling**

for children and young people aged 11 to 24 in Cambridgeshire and Peterborough

**Are you concerned or confused about Relationships, Sex, Sexual Health, Gender Identity, Sexuality, Sexual Trauma?**

**Would you like to talk to someone?**

**Our counsellors have lots of experience of working with young people who have these types of issues and concerns. Sessions can be face to face or online.**

**You can call, email, text, or WhatsApp Lisa for a confidential chat so that you can decide if counselling would help you.**

**07983 150429 or [lisa@dhiverse.org.uk](mailto:lisa@dhiverse.org.uk)**



**dhiverse**  
sexual health matters